

# SUMMER HOLIDAY PROGRAM 2018

## Walthamstow Leisure Centre sessions Summer 2018

All sessions cost £3 and are ages 5-13 years old unless stated:



FOOTBALL



TENNIS & CRICKET



Female Fitness (age 14+)



Boxercise



Multi-sports/Disability

## Cycling

Meet at **Low Hall Depot** 12+ and must be competent road cyclist



	Monday	Tuesday	Wednesday	Thursday	Friday	Sunday
WEEK 1 23 <sup>RD</sup> - 29 <sup>TH</sup> JULY	11am - 1pm	11am - 1pm 5pm - 7pm 5.30pm - 6.30pm	11am - 1pm 1.15pm - 3pm	11am - 1pm 6.15pm - 7.15pm	11am - 1pm	10am - 12pm 12.15pm - 2pm
WEEK 2 30 <sup>TH</sup> JULY - 5 <sup>TH</sup> AUGUST	11am - 1pm	11am - 1pm 5pm - 7pm 5.30pm - 6.30pm	11am - 1pm 1.15pm - 3pm	11am - 1pm 6.15pm - 7.15pm	11am - 1pm	10am - 12pm 12.15pm - 2pm
WEEK 3 6 <sup>TH</sup> - 12 <sup>TH</sup> AUGUST		11am - 1pm 5pm - 7pm 5.30pm - 6.30pm	11am - 1pm 1.15pm - 3pm	11am - 1pm 6.15pm - 7.15pm		10am - 12pm 12.15pm - 2pm
WEEK 4 13 <sup>TH</sup> - 19 <sup>TH</sup> AUGUST		11am - 1pm 5pm - 7pm 5.30pm - 6.30pm	11am - 1pm 1.15pm - 3pm	11am - 1pm 6.15pm - 7.15pm		10am - 12pm 12.15pm - 2pm
WEEK 5 20 <sup>TH</sup> - 26 <sup>TH</sup> AUGUST		11am - 1pm 5pm - 7pm 5.30pm - 6.30pm	11am - 1pm 1.15pm - 3pm	11am - 1pm 6.15pm - 7.15pm		10am - 12pm 12.15pm - 2pm